

***Please indicate
how you would like to help!***

1. SPIRITUALLY:

- ◇ I would like to support the Abbotswick with my prayers.

2. PRACTICALLY: *(Children are most welcome with parents.)*

- ◇ In the Garden
- ◇ In the House
- ◇ With Catering
- ◇ Office/Admin work
- ◇ A 'One off' event
- ◇ Fundraising
- ◇ 'House sitting' or as part of a Welcoming Team

How often:

- ◇ Weekly
- ◇ Monthly
- ◇ Call me if you need someone

3. FINANCIALLY:

- ◇ I am making a donation via the Standing Order form.
- ◇ I enclose a donation.
- ◇ I pay tax. Please claim Gift Aid on my donation. *(Please fill in the Gift Aid form and return it to us.)*

Please make cheques payable to Diocesan House of Prayer

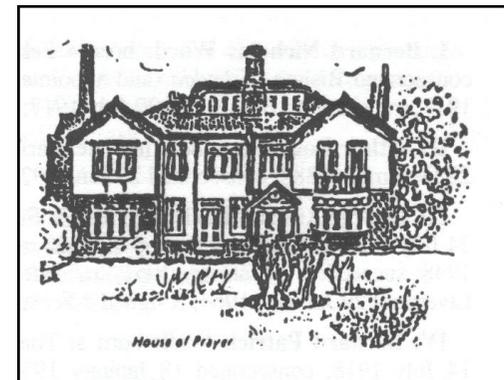
**FRIENDS OF
'ABBOTSWICK'
The Diocesan House of Prayer**
www.abbotswick.org

"Be still and know that I am God" Ps 46

The Mission of the House of Prayer is to respond to the call of Jesus heard through people's need for a quiet place to which they can go to meet God in prayer and be inspired to holy living.

The House of Prayer is open to Catholics in the Diocese and all who are seeking spiritual renewal, guidance and healing. They are able to visit as individuals or as a group.

"My house shall be a house of prayer" Mt 21.13



**Diocesan House of Prayer
Abbotswick, Navestock Side
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E-mail:info@abbotswick.org**

What happens at the House of Prayer?

As from September 2004, a new religious community, the Community of Our Lady of Walsingham (www.walsinghamcommunity.org) is resident at the House of Prayer. The Community seeks to promote an ethos of welcome and hospitality and to facilitate the running of the house. 'Abbotswick' is open every day, usually from 10.30am until 9.00pm, except for Mondays and during the month of August when it is closed.

Visitors are welcome to come on their own for a brief visit, for quiet days of recollection, for day or residential retreats (*with their own guides*) or as part of a parish group.

Please support the work of 'Abbotswick' with your prayers.



Join in the Daily Prayer Intentions of the House

- Sunday: Respect for Creation and Life
- Tuesday: Young People
- Wednesday: Sanctification of Family Life
- Thursday: Bishops, Priests, Deacons, Seminarians, all Consecrated People, an increase in vocations to the priesthood and consecrated life
- Friday: Sick and Dying people
- Saturday: Ecumenical Relations and Interfaith Dialogue

FRIEND'S Registration Details

(One per person, please photocopy)

Title:

Surname:

Name:

Address:

Telephone:

Mobile:

Email:

Your Local Parish:

Data Protection

Your details will be held on file at the House of Prayer in order to keep you up to date with future developments and events. Do you consent to our holding your details securely and for this sole purpose?

Please keep me on file Yes No

I'm happy to receive further mailings
from 'Abbotswick' Yes No

Sign:

Date: